

# Dr. Karen R. Perkins D.B.A.

**D**r. Perkins, or as her students like to call her, Dr. K. is an engaging international speaker, executive coach, internal reset expert, a best selling author, a highly sought after business leader and consultant in both the private and public sectors.

For over 25 years, Dr. Perkins has coached, counseled, taught and ultimately inspired well over half a million people worldwide.

She educates organizations, groups, and individuals, how to use the keys to personal and organizational growth and has inspired thousands to recognize and fulfill their own immeasurable potential.

By following her advice and guidelines, countless have improved their own and others, work performance, their company's bottom line, as well as their own well-being.

Her clients learn to polish their negotiation, communication and presentation skills. They also learn the art of crafting and ways to successfully promote a healthy corporate environment to include: communication skills, emotional intelligence, overcoming barriers and personal fears, team building, enlightened leadership skills, as well as conflict resolution and stress management.

Her clients also experience great success in their personal lives, develop enhanced skills in building lasting relationships and they learn how to convey their own ultimately dynamic image.

Her toolkit includes one-on-one and group coaching, on-line courses, executive and corporate retreats, Internal Reset sessions, keynote presentations and more.

The next time you need a keynote speaker, workshop leader, an executive coach or a corporate consultant, request Dr. Karen Perkins. You and your team will be thrilled and eager to make life changes.

**Call today to book Dr. K**

**602-751-7401**

**[Bookings@dr-perkins.com](mailto:Bookings@dr-perkins.com)**



## Achievements

### Education

- Doctorate, Business Administration
- MBA, Project Management
- Certified Public Manager
- Certified Reset Coach

### Work History

- C-Suite Positions including CEO, CLO, COO, and several Directorships
- Consultant to Fortune 500
- Motivational Speaker
- Adjunct Professor
- Leadership/Training/Mentor/Coach  
Consultant/Internal Reset Therapist<sup>®</sup>

### Awards & Affiliations

- Certified Public Manager (CPM)
  - Utah Society Certified / Board Member
- Who's Who in Malaysia
- Who's Who Among Professional Women in USA
- Partners in Business
  - Superior Leadership Award
- The Millionaire Maker Team
  - Lead Coach, Mentor and Reset Coach
- Global Leaders
- Leadership & Change Innovators

## Schedule Karen

### Corporate Key Notes

- Executive Presentation Skills
- Emotional Power
- Sustainable Positive Company Culture
- Enlightened Leadership
- Dealing with Difficult People
- Core Communication & Social Skills for all Situations

### Coaching and Consulting

- Executive Communication
- Corporate Wellness
- Organizational Change and Business Readiness
- Productivity and Balance

## Acclaim

*"Dr. Perkins is a skilled coach and an inspiring presenter with an excellent mastery of her subject and a keen understanding of adult learning. Most interesting course I've attended in years"*

*"I have a totally different understanding of why people seem to be afraid of me. I gained the courage I needed to OWN my animal, follow my heart, and be happy as well as successful!"*

*"Wow! Wow! I mean really WOW! I laughed, I cried and I gained the courage I need to follow my heart, comfortably invest in myself, and to be happy as well as successful!"*

## Publications

- Emotional Power (Amazon Best Seller)
- Blooming into Your Purpose (International Best Seller)

### Webinars

- Meetings that Win
- Customer Service—Because it Matters
- Serving Two Masters—Working with Multiple Bosses

### Personal Motivation Series

- Internal Strength
- Living Stress Free
- And more...